|  |  |
| --- | --- |
| **Adding salt when cooking** | Description: NA |
| Instrument question: D6: How often is salt, salty seasoning or a salty sauce added in cooking or preparing foods in your household? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Add salt always or often when cooking or preparing food at home** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 552 | 44.4 | 37.2 - 51.9 | 968 | 40.9 | 35.8 - 46.2 | 1520 | 42.2 | 38.0 - 46.6 |
| 30-44 | 599 | 43.6 | 37.2 - 50.2 | 1051 | 37.6 | 32.5 - 42.9 | 1650 | 39.8 | 35.7 - 44.0 |
| 45-59 | 276 | 44.5 | 32.7 - 56.8 | 451 | 36.3 | 27.3 - 46.5 | 727 | 39.3 | 31.7 - 47.4 |
| 45-69 | 240 | 35.2 | 28.3 - 42.9 | 426 | 39.1 | 33.2 - 45.4 | 666 | 37.4 | 32.7 - 42.3 |
| 60-69 | 111 | 47.4 | 28.1 - 67.4 | 258 | 28.6 | 18.8 - 40.9 | 369 | 36.5 | 26.5 - 47.7 |
| **Total** | **1778** | **43.3** | **39.4 - 47.4** | **3154** | **38.7** | **35.6 - 41.9** | **4932** | **40.5** | **38.0 - 43.0** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1007 | 48.4 | 42.6 - 54.1 | 1815 | 40.4 | 35.9 - 45.0 | 2822 | 43.2 | 39.7 - 46.8 |
| Urban | 771 | 37.0 | 31.8 - 42.5 | 1339 | 36.0 | 32.2 - 39.9 | 2110 | 36.4 | 33.3 - 39.6 |